**PROFESSIONAL PRACTICE 1 – PNS 111**

**PROFESSIONAL PORTFOLIO – PROFESSIONAL STANDARDS OF PRACTICE**

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| **Standard 1: Responsibility + Accountability**  |
| **The licensed practical nurse maintains standards of nursing practice + professional conduct established by BCCNP.**  |
| **Indicator** | **Self EV rating** | **Comments/Supporting Evidence** |
| 1. Maintains current registration
 | 1 | I know it is my responsibility to maintain my current registration. I keep up to date with all my required documents needed. |
| 1. Maintains own competence to practice
 | 1 | Healthcare is always changing and advancing, it is my responsibility to make sure I keep up to date with these changes. |
| 1. Maintains own physical, psychological + emotional fitness to practice
 | 2 | I know I must take care of my own well being to be able to provide the best care possible to my patients. I do my best to incorporate daily exercise and psychological activities into my daily routine. |
| 1. Practices within own level of competence, employer policies, the LPN scope of practice + all relevant legislation
 | 1 | I do not provide care that is out of my own competence or scope of practice. I only provide care which I am personally capable of to ensure positive patient outcomes and avoid mistakes. I ask for help or someone more qualified if I feel it is out of my scope of practice.  |
| 1. Is accountable + responsible for own nursing decisions, actions + professional conduct
 | 1 | Every decision and action I make as a nurse I am responsible for. I own up to my own mistakes in my personal life, accepting the consequences and doing my best to fix the problem. |
| 1. Seeks guidance + direction as required
 | 1 | I ask for help when I do not understand something.I would never want to put my patients at risk providing care that I have not yet comprehended.  |
| 1. Takes action to promote safe, competent + ethical care for clients
 | 1 | In my practice I ensure providing safe and ethical care to my clients. If I see care that is being provided from others that is unsafe or unethical I take the opportunity to take to my colleagues or report it. |
| 1. Advocates for +/or helps to develop policies + procedures consistent withBCCNP Standards of Practice
 | 5 | N/A. I am not sure how to answer this question, hopefully by the end of level 2 I will be able to. |
| 1. Understands the role of BCCNM + its relationship to one’s own practice
 | 1 | I understand the role of BCCNM to help protect the public by ensuring ethical and competent care by specific standards I must follow. |

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| **Standard 2: Competency-Based Practice**  |
| **The licensed practical nurse applies appropriate knowledge, skills, judgment + attitudes consistently in nursing practice.**  |
| **Indicator** | **Self EV rating** | **Comments/Supporting Evidence** |
| 1. Bases nursing practice on current evidence from nursing science, other sciences + the humanities
 | 1 | It is my responsibility to ensure I comprehend current nursing science in order to provide the best care possible to my patients. I do so in my free time in order to keep up with changes in the classroom and healthcare field. |
| 1. Knows how + where to access information to support + provide safe, competent + ethical nursing practice + care for clients
 | 1 | Through level 1, I have compiled an abundance of resources for information regarding providing competent, ethical, and safe care to my clients that I will use in the near future. |
| 1. Uses critical thinking when collecting + interpreting data, planning, implementing + evaluating nursing care
 | 2 | When interpreting data it is important to critically think about and comprehend all of the data that the client states and the objective data I have uncovered. This ensures the client is being given the correct plan of care for their specific health concerns or conditions. I practiced this in my care planning for level 1. |
| 1. Collects information on client status + care needs from a variety of sources using assessment skills + a review of pertinent clinical data
 | 3 | I have comprehended the assessment portion of level 1 including QPA and head to toe assessment. I still need to work on conforming nursing diagnoses based on this information regarding negative findings and what they mean to my patient. |
| 1. Identifies, analyzes + uses relevant decision support tools + data when making decisions about client status + care requirements
 | 3 | I still have work to do with having confidence in my decision making regarding clients status and care requirements. I know how to determine whether a client is healthy or not. I want to develop more competence about what I can do in these situations and what care is required. |
| 1. Documents client assessments, care needs, planned interventions + outcomes in a timely manner
 | 2 | I know how important it is to document findings in a timely manner. This leads to a decreased chance of errors and less likely to forget data. I learned quite a few documentation tools in level 1 including the braden scale, SOAPE and PIE. |
| 1. Communicates client status to other members of the health care team as appropriate
 | 2 | I know how important it is to communicate and document the status of my clients during handovers or whenever a new healthcare member is being introduced to the case. This ensures everyone has the correct information in order to provide appropriate care.  |
| 1. Evaluates client responses to care + revises the plan of care as necessary
 | 2 | It is mandatory to routinely re evaluate a patient after new care is provided. I know that if a client has a negative response to care I must revise the plan of care that fits their current needs.  |
| 1. Responds + adapts to changes in the practice environment
 | 2 | Working in healthcare can be unpredictable at times, I know it is important to be able to adapt to these environmental changes to provide the best care possible. I adapted to many changes in school this year regarding COVID. |
| 1. Shares nursing knowledge with clients, colleagues, students + others
 | 2 | Nursing is a life long learning process, sharing information and knowledge with colleagues can really benefit them when done in a respectful manner. In my group work during level 1 I tried my best to share my knowledge to classmates to help give them a different perspective and comprehend information. |
| 1. Communicates professionally in interactions with clients, colleagues, students + others
 | 1 | I know how to communicate with my colleagues and clients in a professional manner to build healthy relationship with them. I got the chance to provide professional constructive feedback to my peers regarding a project in level 1. |

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| **Standard 3: Client-Focused Provision of Service**  |
| **The licensed practical nurse provides nursing services + works with others in the best interest of clients.**  |
| **Indicator** | **Eval** | **Comments/Supporting Evidence** |
| 1. Makes the client the primary focus when providing nursing care
 | 3 | I know how important it is to make the patient the primary focus of care.With increased confidence in my abilities I will be able to do so without worrying about the care I am providing.  |
| 1. Involves clients in identifying + prioritizing their own health goals + learning needs
 | 3 |  I know how necessary it is to involve clients in their care. With increased confidence in the care I'm providing, my communication skills will come with and I feel more comfortable.  |
| 1. Supports clients to learn about the health care system + accessing appropriate health care services
 | 1 | I want to make sure my clients have the ability to learn about health and the health care system and I will provide the correct resources to do so.  |
| 1. Understands + communicates the contribution of nursing to the health of clients
 | 1 | Nurses form a backbone to the health care system. We must establish therapeutic nurse client relationships to make sure they feel comfortable in their environment and ensure positive patient experiences. |
| 1. Communicates, collaborates + consults with clients + other members of the health care team about client care
 | 2 | I was able to communicate and collaborate with my classmates during lab in level 1 regarding our ‘clients’ to ensure all the necessary information was understood. |
| 1. Coordinates + facilitates continuity of care services for the client
 | 5 | N/A. I have not had the chance to exercise this standard yet.  |
| 1. Supervises, leads + assigns appropriately to other members of the health care team
 | 3 | While working in groups during level 1 I got the chance to exercise my leadership skills. I think these skills have improved since I began but I do not see myself where I would like to be yet. I want to work on this over CPE 1 and level 2. |
| 1. Supports + guides other members of the health care team to meet client care needs
 | 2 | In practice for skills evaluations, I offered guidance and suggestions to my classmates of some skills they may have missed. |
| 1. Participates in + advocates for changes that improve client care + nursing practice
 | 2 | During lab I offered some advice to my classmates for more safe practice. For example, leaving bed rails up for safety. |
| 1. Recognizes + reports the incompetent or impaired practice or unethical conduct of another health professional to the appropriate person or body
 | 5 | I have not come across unethical conduct yet but I do know that if this happens I will report it to the appropriate person. |

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| **Standard 4: Ethical Practice**  |
| **The licensed practical nurse understands, upholds + promotes the ethical standards of the nursing profession.**  |
| **Indicator** | **Eval**  | **Comments/Supporting Evidence** |
| 1. Demonstrates honesty + integrity at all times
 | 1 | Honesty and integrity is necessary not only with clients but with their colleagues.I will always show honesty because it is something that I value entirely and I know it is impossible to build relationships without these qualities. |
| 1. Represents self clearly + accurately with respect to name, title + role
 | 1 | As a nurse I must represent myself in a respectful manner so the public has trust in the care I am providing. I do not go out drinking or disobey mask regulations. |
| 1. Respects + protects client worth, dignity, uniqueness + diversity
 | 1 | I have empathy towards clients and how uncomfortable it can be to be in their position at times. I do everything in my power to respect their dignity including them in care. No client should be treated different based on their own differences. I practiced this is level 1 by keeping my client as covered as possible during bed bathing and assessment. |
| 1. Protects client information + maintains privacy + confidentiality
 | 1 |  I value privacy and confidentiality. I know how important this is and I would never treat my patients in a way that I would not like to be treated. I do not share client information to people that do not need to know it. |
| 1. Recognizes, respects + promotes the client’s right to be informed + make informed choices
 | 1 | I know and respect that ultimately the care that each client receives is up to them. They have the right to make their own choices based on the information I provide them and I will give them the space to decide and not push anything on them that is based on my own beliefs. |
| 1. Begins, maintains + ends nurse-client relationships in a way that puts the client’s needs first
 | 1 | I have comprehended how to develop and end a therapeutic nurse client relationship in a way that puts my client as the focus of care. |
| 1. Identifies the effect of own values, beliefs, + experiences when providing nursing care
 | 1 | I have practiced putting my own values and beliefs aside in order to ensure that the client remains the focus of care. |
| 1. Identifies ethical issues, recognizes potential conflicts; takes action to prevent or resolve them by communicating with the health care team + consulting with the appropriate people; + evaluates effectiveness of actions
 | 3 | I have not got the chance to practice this standard yet but I know how to identify ethical issues and potential conflict and the actions that should be taken in order to promote client centered care. |
| 1. Makes decisions about the allocation of resources under one’s control based on the needs of the client
 | 2 | During level 1 I got to work on a project regarding osteoarthritis. I provided a list of resources for people wanting to learn more about the disease . |
| 1. Recognizes + respects the contribution of others on the health care team
 | 1 | I know working in health care is a team effort. I give positive feedback to my classmates and appreciate their contributions. |
| 1. Treats colleagues, students + other health care workers in a respectful manner
 | 1 | I get along well with all of my classmates and treat them in a respectful manner. |